JoAnn & Robert Albertson
Lou Apter
Paula & Phil Beberman
Rhoda & Walter Berman
Barbara Bitzer & Harvey Schwartz
Harriet & Don Brause
Roselyn Cohen
Linda & John Collingswood
Joyce & Steve Delopaulos
Morris Epstein
Marlene & Harvey Finkel
Maureen Gilman
Gale & Jerry Goldman
Lynn & Mel Goldstein
Lois & Barry Herzbrun
Barbara Horowitz & Ann Hyman
Howard Horwitz
Catherine Ingrisani
Madeline Kaplan
Risa Kiam
Rhoda L. Kreisman
Doris & Milt Land
Shirley & Stuart Lazar
Sandy, Jack & David Levine

Gladys & Merv Lewis
Barbara & Howard Mandel
Lynda & Stanley Marmor
Harriet Marron
Charles Moranos
Ann Pagano
Jack Parker
Barbara & Richard Quinto
Ira Reisfield
Rose Rodriguez
Fran Rosen
Dottie Ruskin
Elinor Saler
Iris & Ritchie Schnell
Hedy & Alan Schnelwar
Terri & Barry Schwartz
Elaine Serif
Pearl Seymour
Ricki Stanley & Carl Rush
Jerry Sulzer
Arthur W. Ultsch & Family
Lilian Weiss
Luci & Siegmund Zahn
**BOARD OF DIRECTORS**

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Jack Parker</td>
<td>865-8848</td>
</tr>
<tr>
<td>Vice Pres.</td>
<td>Alan Schnelwar</td>
<td>450-8697</td>
</tr>
<tr>
<td>Secretary</td>
<td>Robert Albertson</td>
<td>865-9158</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Richard Chrzan</td>
<td>1-570-470-8531</td>
</tr>
<tr>
<td>Director</td>
<td>Paula Beberman</td>
<td>455-4445</td>
</tr>
<tr>
<td>Director</td>
<td>Don Brause</td>
<td>865-9293</td>
</tr>
<tr>
<td>Director</td>
<td>Jerry Sulzer</td>
<td>498-2715</td>
</tr>
<tr>
<td>Director</td>
<td>Ricki Stanley</td>
<td>865-0502</td>
</tr>
<tr>
<td>Director</td>
<td>Mel Goldstein</td>
<td>381-0131</td>
</tr>
<tr>
<td>Secretary</td>
<td>Joann Albertson</td>
<td>865-9158</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Richard Chrzan</td>
<td>1-570-470-8531</td>
</tr>
<tr>
<td>Director</td>
<td>Paula Beberman</td>
<td>455-4445</td>
</tr>
<tr>
<td>Director</td>
<td>Don Brause</td>
<td>865-9293</td>
</tr>
<tr>
<td>Director</td>
<td>Jerry Sulzer</td>
<td>498-2715</td>
</tr>
<tr>
<td>Director</td>
<td>Ricki Stanley</td>
<td>865-0502</td>
</tr>
<tr>
<td>Director</td>
<td>Mel Goldstein</td>
<td>381-0131</td>
</tr>
</tbody>
</table>

**RECREATION BOARD**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joann Albertson</td>
<td>865-9158</td>
</tr>
<tr>
<td>Rhoda Berman</td>
<td>638-1446</td>
</tr>
<tr>
<td>Phil Beberman</td>
<td>455-4445</td>
</tr>
</tbody>
</table>

**COMMITTEE CHAIRPERSONS:** ( ) = Chairman

<table>
<thead>
<tr>
<th>Committee</th>
<th>Chairperson</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAINTENANCE PAYMENTS</td>
<td>(Paula Beberman)</td>
<td></td>
</tr>
<tr>
<td>ARCHITECTURAL</td>
<td>(Alan Schnelwar)</td>
<td></td>
</tr>
<tr>
<td>BLOCK CAPTAIN</td>
<td>(Phil/Paula Beberman)</td>
<td></td>
</tr>
<tr>
<td>GRIEVANCE/Lights</td>
<td>(Alan Schnelwar)</td>
<td></td>
</tr>
<tr>
<td>INTERVIEWERS</td>
<td>Ricki Stanley, and Paula Beberman</td>
<td></td>
</tr>
<tr>
<td>LAKE DOCTOR</td>
<td>(Mel Goldstein)</td>
<td></td>
</tr>
<tr>
<td>LANDSCAPE –</td>
<td>(Robert Albertson)</td>
<td></td>
</tr>
<tr>
<td>PEST CONTROL</td>
<td>(Phil Beberman)</td>
<td></td>
</tr>
<tr>
<td>POOL</td>
<td>(Don Brause) and</td>
<td></td>
</tr>
<tr>
<td>ROADS &amp; STREETS</td>
<td>(Ricki Stanley)</td>
<td></td>
</tr>
<tr>
<td>ALLIANCE</td>
<td>(Don Brause), Rhoda Berman, Robert Albertson</td>
<td></td>
</tr>
</tbody>
</table>

Phone Numbers for people on a Committee not listed:
Bill Daft– 561-450-6305, Jerry Goldman-561-498-1550
Linda Marmor 561-455-2047

**IMPORTANT NOTICE**

Please remember your Board of Directors are all volunteers. DO NOT call anyone before 9:30 AM or after 5:00 PM. Monday to Friday only! Thank you for your cooperation.
I would like to express my heartfelt thanks to the entire Community for the outpouring of kindness shown to my family when my wife Sheila passed away this past month. The attendance at her ceremony was overwhelming, and the cards, donations, gift baskets etc. showed exactly why the place we live in is so fantastic. Sheila would have been so happy to know she was so well loved, once again THANK YOU!

At our last meeting in March the Age Amendment passed by a large margin. Approximately 7 to 1 or 70% in favor and is now part of our Documents. Although there is a lot of language that protects certain situations in the law, basically no one under 40 can become a permanent resident. Also passed at the meeting was a Dog DNA rule. Every dog in the Community will have it’s DNA on file, which will show if they don’t pick up after their dog, and therefore be penalized. To compliment that, each new dog to the Community must submit a health and shot record before being approved.

Hope to see you at our next Board Meeting on Monday, April 11th.

As always, Wishing you all good health and happiness.

Jack Parker
** IMPORTANT NEWS ABOUT THE MAINTENANCE **

The maintenance is now $435.00

New coupons and envelopes were sent out.
You must mail it to:

   Delray Villas Plat III  HOA
   M
   5841 Connie Blvd.
   Delray Beach FL  33484
   OR

Drop it into the Locked Mailbox OUTSIDE the pool on Connie Blvd.
If you have it sent from your bank on the computer, remember to change the address!!

Thank You
Don’t know who to call? Here are the numbers of your neighbors who will be glad to assist you when you need the following services......

IF YOU HAVE AN ANT PROBLEM CALL:

HULETT
1-561-686-7171
1-800-285-7378

Phil Beberman,
Pest Control Chairman
455-4445

For Red Ants and ant hills call:
Bob Albertson –865-9158

I.D. CARDS and CAR STICKERS
If you are a new resident, lose your I.D. card, or recently purchased a new car and need a sticker, please contact:
Bob Albertson 865-9158

Remember, it is in the Rec. Assoc. Bylaws that you cannot go to the Club House, use the pool, exercise room, card room, attend shows, etc. without showing your I.D. Thank you for your cooperation.

REMEMBER TO TURN OFF YOUR MAIN FAUCET WHEN YOU ARE AWAY FOR AN EXTENDED TIME!!
Judy & Joe are #1 in listings & Sales Inside Delray Villas

Find us on Zillow, Trulia, Realtor.com

Judy & Joe LaCorte
Broker Associates
FL & NJ

Residents of Delray Villas 14 years
Call Us! (561) 495-1530

Email: delraybeachrealty@yahoo.com

We can help with most arrangements:
Selling, Buying, move in & out services,
house sitting, cleaning, repairs,
maintenance & most anything you need
can be arranged!
only properties listed and/or sold by
us are advertised here!

14751 Edna Way
Large front porch!

6170 Dusenburg Rd
Single Family!

5768 Wanda Ln
Brand new kitchen & appliances
Granite counter tops!

14245 Campanelli D
White Kitchen - Screened porch

Give as a call! UPDATED!!

6177 Dusenburg Rd
Great water view!

6122 Overland Pl
2 Large screened in porches

6194 La Salle Rd
Nice water view!

6663 Overland Dr
Single family Screened porch

Before you list your home,
please call us to find out why we are
the #1 marketing & sales agents in
Delray Villas for many years.
There is a difference, let us show you!
Look for us on most major web sites &
we advertise weekly in the Sun Sentinel

WEB SITE: lacorterealtors.com

Realty Associates
9174 Glades Rd Boca Raton FL 33434
**“Yellow Dot”**
This is a new form that has been approved by both the Fire Department and the Sheriff’s office.

Complete the form, place the completed form in your glove compartment of your car and place the “yellow dot” on the inside of your back window.

The form contains your medical information, should you be in an accident and unable to relay this information to the EMT.

Contact Don Brause for a copy of this form. Don’s phone #: 561-865-9293

If you would like to have your lawn garbage pail area covered over with sod, the cost is $40. Please Contact a Board Member first.

The checks should be made payable to:
NORGEN LANDSCAPE

The removal will be done on a monthly basis.

It is a County Statute that if anything is thrown either into the canal or lakes you will be fined!! This is a health hazard! Please notify the board if you see anyone doing this dastardly deed.

**GARBAGE CAN REGULATIONS**

County ordinance 96-9 prohibits the placement of garbage cans and other refuse containers curbside for trash pickup prior to 6:00 PM, the day before your regularly scheduled pickup. Additionally, the ordinance requires that all refuse containers be removed from the pickup area the same day collection is made.

**NOTE:** If you do not use a plastic or metal container to put your trash in, put it out prior to 10:00 AM on the morning of trash pick-up. If left overnight, just in plastic bags, you are inviting raccoons and stray animals to go through them and become a problem to you and your neighbors.

**PLEASE DO NOT BLOCK MAILBOXES WITH TRASH. PUT IT ON YOUR DRIVEWAY. THE MAILPERSON WILL NOT BE ABLE TO DELIVER YOUR MAIL!!**

AS OF MAY 1, 2014
ALL GARBAGE PAILS MUST HAVE A LID!!
******NOTICE******

OUR POOL IS NOW A
NO
SMOKING AREA!

THERE IS NO SMOKING OF
ANY KIND
ALLOWED
ANYWHERE
INSIDE OUR PLAT 3 POOL!

**************************

Please remind your guests and visitors that there is a 15 mile per hour speed limit in our Plat. There are STOP signs on the corner of Lucy and Connie. We have older people, kids, bike riders, and dog walkers on our streets. Use reflective clothing or flashlight when walking or riding at night so you can be seen.

THERE HAVE BEEN REPORTS OF THEFT OF PERSONAL ITEMS FROM UNLOCKED CARS. PLEASE LOCK YOUR CAR DOORS AT ALL TIMES!
ANIMAL MAINTENANCE

When walking your dog please make sure that you have something with you to pick up your dog’s feces and take it home with you! Your cooperation will be much appreciated and our neighborhood will be a cleaner place in which to live.

4th Annual Delray Villas Food Drive

We at Delray Villas are having our 4th Annual Food Drive. Again, last year it was very successful and we want to continue the giving. Please donate Non-Perishable or canned goods. Please NO OUT OF DATE FOOD.

Any questions, please contact Shelley or Ron Miller at 561-637-8851 or if you need us to pick up your food, call us between 10:00AM and 5:00 PM. Designated boxes will be put in the lobby of Building B.

We are thanking you in advance for your kind donations.

DATES:
March 20, to April 20, 2016.
PLACE:
Lobby in Building B

REMEMBER, NO OUT OF DATE FOOD

PET RULES

Pets are not allowed on other home-owners property (grass or driveway) ever!
The following areas*, within the Plat, are the only places a pet is allowed:

*Connie Blvd.-Either side

*Edna Way-East side only between Wanda and Connie- West side only between Wanda and Atlantic

*Lucy Drive-West side from Connie to West End (near Atlantic and Via Flora)

- You must pick up your pets waste at all times
- Pet must be on a leash
- If you violate any of the above rules you pet will be determined a nuisance by the Board of Directors, and as such, can be disposed of as per article 7 of Exhibit 1 of the Declaration of Covenants, Conditions and Restrictions, which read as follows:

“If any pet becomes a nuisance, as determined solely by the Board of Directors, the owner of such pet covenants, and agrees to dispose of such pet within (10) days after written notice has been given by the Board.”
DEBORAH— Our next meeting will be Thursday, April 7th at 12:30 PM in the “A” building. We will have a business meeting then entertainment. Please join us.

American Italian Club – We will meet April 1st at 7:00 PM in “B” building. Come in your finest Easter Bonnet! Light food. This is our last meeting for the season. We will meet only in Jan. Feb. March and April.

April 12—Bocce and Shuffle Board tournament. Lunch following in “B” building after everyone has finished and winners have been determined. Menu for lunch to be discussed at April meeting. Please bring $10.00 Cash—NO Checks— for cost of lunch.

DELRAY VILLAS GUYS & DOLLS
We meet every Tuesday morning at 10 AM in the Viking Rm. “B” bldg. If interested in joining our wonderful chorus please call Mel Goldstein at 381-0131.

MEN & WOMEN’S SOCIAL CLUB –
Our next meeting will be Tuesday, April 19th at 7:00 PM in the “A” building.
After a short meeting we will have a great entertainer, Carilyn Smiley. Snacks will be served. Dues for 2016 will be $15.00 per person. Please join us with your friends and neighbors for a great evening.

NA’AMAT USA— Next meeting will be Monday, April 4th at 9:00 AM In the “A” building. We will have an interesting meeting.
Bagels and Coffee will be served. Please join us.

After 6 Social Club—
The first Wednesday of each month at 7PM. We have wonderful entertainment! Coffee and cake are served. Dues $10 Per person.

Book Club— Meets the first Monday of every month in the ceramics room of Bldg. “B” from 1 to 2 PM. The Book for April is The Arsonist by Sue Miller. You can pick up the book at the Hagen Ranch Library, But must ask for it by DO NOT PUT A RESERVATION. ALL BOOKS WILL COME TO OUR CLUB THAT MONTH.
For more information Call Leslie Boardman 561-808-7600 or 215-208-3652.

New Scrabble Club— For more information call..Leslie Boardman 561-808-7600 Cell– 215-208-3652.

For All Club News and other Activities
Turn to Channel 63 on your TV
FOR MEDICAL EQUIPMENT

We have an assortment of medical equipment, such as: walkers, wheelchairs, com-modes, shower benches and canes. Our equipment is loaned for a limited time of 8-12 weeks.

1. A donation to the WE CARE organization is required on all loaned equipment.

2. A waiver of liability must be signed for all loaned equipment.

3. If you should need the equipment indefinitely, contact your doctor for a prescription and Medicare or your insurance company may provide you with one.

PLEASE CALL THE FOLLOWING FOR RETURN OF EQUIPMENT

Plat 1— Bernie Nachimson 866-2218
Stan Hofkins 496-0885
Dan Williams 312-7185

Plat 2—

Plat 3— Phil Beberman 455-4445

Plat 4/5— Marty Dreiblatt 865-0991
David Goldstein 499-5098
George Hoppen 637-8430

**************************

TRANSPORTATION for We Care has been suspended until further notice.

WHAT IS VOLUNTEERING

An interest, desire, and/or willingness to do good. Contributing time, skills and energy towards something that doesn't benefit only one's self, friends, or family. Not expecting any sort of reimbursement or payment in return for one's effort. Choosing how, where, why, and when to get involved.

All of these examples are great ways to get to know others. Whether for professional networking (in addition to making invaluable contacts, volunteering with a nonprofit is a great way to learn and do good. Volunteering in our community (Delray Villas) will make our community strong, by contributing your time, skills, and knowledge. It's not difficult to volunteer it just takes an effort.

GET INVOLVED

Just think if just 100 residents volunteered, which is a very small amount considering the size of our community, what a better community we would have. Another organization you can join would be the Delray Villas COP Unit. Just 3 hours a week and one meeting a month. If interested contact Lloyd Lukens 561-251-3616 or Lynn Goldstein 561-381-0131

WE NEED YOUR HELP!
Summary of Plat 3 HOA & Board Meeting
March 14, 2016

The following is only a summary of the Plat 3 HOA /Board Meeting. Final approval of the minutes will be at the next Board Meeting scheduled for April 11, 2016.

Plat 3 HOA/Board Meeting was attended by 8 Board Members and 34 residents. Board Member excused was Director Donald Brause.

President Parker presided over the meeting.

The HOA portion of the meeting was to open and count the ballots for the proposed Amendment Change. President Parker reported that the proposed Amendment has passed with 125 in favor and 18 opposed. The passed Amendment will now be given to our attorney for filing with Palm Beach County.

The HOA portion of the meeting was closed by President Parker.

The minutes of the previous Board Meeting were approved as read.

COMMITTEE REPORTS:

Treasurer Richard Chrzan reported current balances as of February 29, 2016.

Operating Acct $ 71,392.85     February 2016 Income $2,005.00
Reserve Acct $ 115,820.75     February Budgeted $28,536.67
Roofing Acct $ 1,847.82       February Expenses $38,018.17

COMMITTEE REPORTS:

MAINTENANCE: Director Paula Beberman reported that we have only one late payment from 1st Quarter.

POOL: President Parker reporting for Director Brause that the leak at the pool has been repaired and the drains along the sides of the pool have been cleaned. If anyone has a problem with their pool key, please contact Rhoda Berman for a new key.

NEWSLETTER: Maureen Gillman had nothing new to report. Please have any articles for publication to her by the 20th of the month.

RECREATION BOARD: Recreation Vice President Rhoda Berman reported that there will be a Recreation HOA meeting this Wednesday at 7:00 PM in the A Building. Gym construction is ongoing.

ALLIANCE: No report.
ROADS AND INTERVIEWS: Director Ricki Stanley reported no problems with roads and two interviews were conducted.

LAKES: Director Mel Goldstein reported that the lakes are looking good.

INTERVIEWS: Director Ricki Stanley has conducted an interview for a sale on Lucy Drive.

PEST CONTROL: Phil Beberman reported that spray for spiders may be purchased at Home Depot or Lowes. Heulett does not take care of spiders. No report.

LANDSCAPING: Secretary Bob Albertson reported that our sprinklers have been down for 2 weeks due to replacement of our pump and new check valve and lake suction device. Sprinklers should be up and running this week. Extra white fly treatment was applied. Combination weed and fertilization has also been applied. Treatment for fire ants has also been applied. Our golf cart is out for repairs to the electrical charging system.

SPRINKLERS: Director Jerry Sulzer reported that after the sprinklers are again working please let him know if you have problems. If you call, the hours are Monday–Friday 9am to 5pm. You can also email anytime. syljer119@bellsouth.net

ARCHITECTURE: One request from a homeowner on Wanda Lane.

GRIEVANCE: Vice President Alan Schnelwar reported that 3 letters have been sent to a homeowner regarding a lollypop out. There has been no response from the homeowner. The Board has unanimously approved the leveling of a fine of $25 a day for the 1st 30 days and thereafter $50 for the next 30 days and thereafter $100 until repaired. This homeowner will be notified via registered letter of the Decision of the Board of Directors.

UNFINISHED BUSINESS: The Board of Directors have approved by a vote of 8 members in favor non against and 1 absent to begin setting up a procedure for DNA testing dogs within Plat 3. There will be more information forthcoming as the Board proceeds with the implementation of this procedure.

NEW BUISNESS: None.

GOOD & WELFARE: President Parker thanked resident John Collingwood for his clean up of litter along Atlantic Ave. and Via Flora. It is very much appreciated. Next meeting is a Board meeting and will be held on April 11, 2016 at 7 PM in the B Building Viking Room at the Recreation Center.
THIS N THAT

*****************

Look for your Newsletter in your Newspaper slot from now on. If you don’t have one, it will be put in your door as usual. Block captains please put the newsletter into a newspaper slot if possible.

This will be easier for you and will keep the newsletter dry in case of rain.

*****************

CONDOLENCES

We are sorry to inform you of the passing of Sheila Parker. Sheila was the wife of our President, Jack Parker, and a dear friend to many of our residents. Sheila will be missed by all. Condolements to Jack and the family. Your friends and Neighbors

*****************

We wish a speedy recovery to Phil Beberman, Mel Goldstein and Harvey Finkel. Friends and Neighbors
Important Information

The Palm Beach Fire/Rescue Department requires your address in 4” high numbers placed on the Fascia Boards. This is mandatory!

Please keep the following numbers in an area that you can get to quickly in case of an emergency.

In an absolute emergency
Call 911
Non-Emergency numbers: Local Stations
Station #42  498-3334
Station #45  638-2834
Headquarter Station  616-6921

LOLLY POPS

Should be on at dusk. If you are going away, please ask a neighbor to replace your bulb should it burn out. Keeping LollyPops on is for your safety and your neighbors, as well as a deterrent to would be burglars.

RECIPE OF THE MONTH
BY RHODA BERMAN

PASSOVER CHOCALATE CAKE

7 eggs separated
1 cup sugar
¾ cup matzo cake flour
4 tablespoons cocoa
¼ teaspoon salt
2 tablespoons cold water
1 medium orange, juice and grated rind
½ cup chopped nuts of your choice

Beat egg yolks with the sugar until creamy.

Beat egg whites until stiff but not dry. Mix the cocoa, salt and cake flour together, stir this into the egg yolk mixture. Combine water, orange juice and rind, stir that into the batter. Add nuts and fold in stiffly beaten egg whites. Pour this into an ungreased rectangular or tube pan. Bake at 325 degrees for 45 min. Turn off heat and let cake cool in oven.
*****Important*****

Please use:
DELRAYVILLAS3@ATT.NET
For all communications with the Plat
Please send your E-Mail address to us so we can communicate with you. We will be able to reach you for emergency, and get you information, as well as answer any questions or complaints you might have.
We will also post important matters that will be discussed at meetings.

Please be advised that due to the heavy volume of work involved we have separated the Sprinkler and landscaping responsibilities. While Bob Albertson remains the Landscaping Chairman, Jerry Sulzer (498-2715) is now the Chairman of the Sprinkler Committee. Please contact Jerry for all Sprinkler problems or even just to thank him for taking on a tough job!

Monday to Friday ONLY      9:00AM to 5:00 PM  Thank you

<table>
<thead>
<tr>
<th>Important</th>
</tr>
</thead>
<tbody>
<tr>
<td>DELRAY VILLAS PHASE 3 MEETING</td>
</tr>
<tr>
<td>April 11, 2016</td>
</tr>
<tr>
<td>AT 7:00 PM</td>
</tr>
<tr>
<td>IN THE “B” BLDG.,</td>
</tr>
<tr>
<td>PLEASE BRING A NEIGHBOR WITH YOU WHO IS NO LONGER ABLE TO DRIVE</td>
</tr>
</tbody>
</table>

There is now Wifi at the plat 3 pool for our members!
There are two networks: Wifi Pool and CBCT-EC84-2.4
The password for both is : DVHOA5841
You forget the exact word in the middle of a sentence or you can’t remember where you put your keys. These are things that have happened to all of us, but there are ways to help the aging brain. A paper published in Restorative Neurology and Neuroscience confirms the thinking of neurologists and psychologists that older individuals who remain mentally active and take advantage of opportunities to learn new information show significantly less mental decline. These activities stimulate brain-cell growth and boosts the number of connections among brain cells. So in order to maintain a more youthful and efficient brain, try these 5 brain boosting exercises.

1) Focus and Attention- To increase attention span: Change your routine by taking an unfamiliar route to the Dr’s office or the mall. Study a picture of a group of people or a city scene. Put the photo away and try to recall all the details. Read a difficult newspaper article, while watching T.V. List details you remember and then check picture and newspaper for accuracy.

2) Memory- Memory declines with age. To strengthen memory: Try memorizing recipes, birthdays, anniversaries, telephone numbers and try to recall them after a week. Memorize a poem or song by heart every week. Try to recall your High School friends or U.S Presidents.

3) Verbal Skills- We all have trouble remembering the right word. Try picking two vowels and try to think of words that use both; or you might pick a sentence from a book, magazine etc. and rearrange words to form another sentence. Try and think of as many words from a particular category such as fruits, animals etc.

4) Motor and Visuospatial skills- To improve physical abilities and exercise the brain, you should learn to juggle, dance, play ping pong or some other sport.

5) Executive Functioning- Planning, decision making and problem solving are all aspects of executive functioning. To improve this ability, play strategy games, such as chess scrabble or bridge. Write or tell a story. Plan a garden or design a new kitchen etc. Physical exercise also increases the production of brain cells necessary for executive functioning.

If you have a smart phone or Ipad try an app called “Elevate”.

Now that we have some exercises to help our aging brains, perhaps we can keep these “Golden Years” from getting too rusty. ENJOY!
IMPORTANT INFORMATION

Do not put garbage out at night unless it is in a container. If you only have your garbage in bags, put them out prior to 10:00AM the morning of trash pick-up.

Animals are breaking the bags and inviting more animals...you are endangering not only yourself but your neighbors if you do not comply. We have owners who have had to pay thousands of dollars to get raccoons out of their attics.

There have also been cases of animals coming down into their homes!!!

For your safety, you should consider having shields put on your vents.

IT IS MANDATORY-

IF GARBAGE IS PUT OUT AT NIGHT, IT MUST BE IN A METAL OR PLASTIC CONTAINER WITH A COVER!

Please comply!

PLEASE DO NOT BLOCK THE MAILBOX WITH GARBAGE.

The MAIL-PERSON WILL NOT BE ABLE TO DELIVER YOUR MAIL!!!

FOR MORE INFORMATION CALL:
JERRY GOLDMAN
498-1550
Thank you to all who advertise in our Monthly newsletter “News & Views” We appreciate your patronage.

To all our residents:
If you need any of the services offered by our advertisers Please make use of their commodities.
Thank you
Maureen Gilman, Editor

VIKINGS

Steak, Seafood & Sushi Buffet

5040 W Atlantic Avenue
Delray Beach, FL 33494

Tel: 561-265-5938
Fax: 561-265-5965

Open hours: Everyday 11:30 to 3:30 Lunch
Mon. Thurs. 5:00 to 9:30 PM Dinner
Fri. Sun. 5:00 PM– 10:00 PM Dinner

Happy Hour Monday & Wednesday
All draft beer & House Wine
ATTENTION
DELRAV VILLAS RESIDENTS:

IF YOU ARE A VEHICLE OWNER WITHOUT A DV STICKER, PLEASE SEE YOUR BOARD MEMBER RESPONSIBLE FOR THEIR DISTRIBUTION.

IN THIS ECONOMIC ENVIRONMENT, IT MAY HELP TO SHOW UP STRANGERS IN OUR AREA WHO WISH TO DO US HARM. THEIR CARS MAY BE MORE READILY IDENTIFIABLE TO OUR C.O.P. PATROLS, DAY AND NIGHT.

Cap't Lloyd Lukens
C.O.P. PATROL 16
DELRAV VILLAS

ALL PAINTS ARE AVAILABLE AT SHERWIN WILLIAMS

PAINT COLORS

DOORS & TRIM
SW 6096
WALLS
SW 6113
CONCRETE DRIVEWAY
BOMBAY H/M

PATIO PAINT
Sherwin Williams

BEHR BRONZE

When buying paint at Sherwin Williams

Make sure you buy it under the Delray Villas 3 account. The account Number is 5547-1181-2
By doing so, they will apply a 30% discount.
PROFESSIONAL EXPERIENCE
IN HOME HAIR STYLIST

SPECIALIZING IN HAIR CUTS, COLORING, RELAXERS, PERMS, HAIR TREATMENT FOR THINNING HAIR.

SERVING MEN AND WOMEN

FOR APPOINTMENT PLEASE CALL:

ALIXE: (561) 215-1949

EXPERT CLEANING

Reliable and Efficient
AT
Affordable Prices

CALL Silvana:

561-294-7882

DELRAY VILLAS RESIDENT
The Construction Guys, Inc.

Ten years is the life expectancy of a Hot Water Heater!

WATER HEATER SPECIAL
$689 Installed
or
TANKLESS WATER HEATERS
$995 Installed
Includes Basic Electrical Work and Water Heater Permit Fee Additional

FLOOD??
Call us first!
The insurance company is not your friend.
We Clean Up The Mess and Bill The Insurance Company

OUR GUARANTEE
If the insurance company refuses to pay, we accept the loss and you pay nothing!
No other company will guarantee this.

NO INSURANCE?
We will still help you!
The cause of the water damage, ice broken water heater, leaking toilet, etc., is not covered by insurance.
That’s the only money you are obligated to pay.

SAL 561-255-7687
Peter 561-351-5003

The Construction Guys, Inc. • Palm Beach, Inc.
State Licensed Plumbing Contractor #CPCH429170
Environmental Protection Agency Certification #M-1221059270

PLUMBING
• Toilets Fixed
• Leaks Repaired
• Drains Cleaned
• Sinks & Faucets Replaced

We are State Licensed Plumbers

Call SAL or Peter
561-351-5003

The Construction Guys, Inc.
State Licensed Plumbing Contractor #CPCH429170
LaSCALA DECORATING

Painting
.Popcorn Removal, Drywall Texture
.Pressure cleaning & Sealing
.Interior & Exterior Paint
.Flooring
.Tile, Laminate, Carpet
.Remodeling Kitchen & Bathroom

*** Recommendations & Review of current Bath & Kitchen work in Delray on request!

Call Bill at 561-633-7896

Licensed & Insured
Boynton Beach Home Care

Quality Care in the Comfort of Your Home

FREE initial assessment
We Accept All Long Term Care Insurance

Hourly or Live-in Care

Personal Care by HHA / CNA
Bathing / Dressing / Toileting / Dr. Appts.
Medication Reminders / Transportation

Companion Services
Light Housekeeping / Laundry
Errands / Meal Preparation

Peace of Mind for You & Your Family

Lidija Paskova, RN

www.boytonhomecare.com
License No. s 299994358 & NR30211165

(561) 742-2532

Rodan + Fields
prescription for change

Fran Rosen
Consultant
973-945-6149
frosen722@gmail.com
Call/Text/E-Mail
www.frosen.myranda.com
Changing Skin...Changing Lives

"ALL SOAPED UP"
PET GROOMING AND BOUTIQUE
5175 West Atlantic Ave
Suite "E"
Dellray Beach, FL 33484
WINN DIXIE PLAZA
1-561-667-8952
butterby725@aol.com
Owner/Groomer-Rosalie Monte
Boarding and Daycare Available

La Mode Alterations
Gloria D'Avila
Seamstress
561) 233-8899
Please call for appointment
Mon 9 am - 5 pm
Sat 9 am - 1 pm
lamodealterations@gmail.com
Pick up and Delivery

Bagel Tree
RESTAURANT
Dellray Beach
(561) 496-0068
Fax (561) 496-3069
6580 West Atlantic Avenue
Kings Point Shopping Center
Dellray Beach, FL 33446

Seabreeze Aluminum & Windows, Inc.
Licensed - Bonded - Insured - Free Estimates
Lic. 06310-2177

Mike J Groover
Owner
3860 N. Federal Hwy • Delray Beach, FL 33483
Phone: 561-644-2816 • Fax: 561-243-2190
Email: mikebgroover@aol.com